

UTAH HOUSING & SHELTERS

HOUSING

Utah Affordable Housing Online Database

<http://findhousing.utah.gov/welcome.do>

Click *Search for Affordable Housing*

Enter monthly income and select which options suit you. Select which county you prefer to live in

Click *Search*

OR

If you are staying at a shelter, contact the shelter's housing case manager. They will work with you to find housing.

ALSO

You may be eligible to receive government housing. To find out if you qualify or to sign up, contact a local Housing Authority. Each county has its own list, application, procedure, and wait time.

THE LOCAL HOUSING AUTHORITIES ARE:

Salt Lake City

1776 South West Temple

SLC, UT 84115

Fax: 801-487-3641

Phone: 801-487-2161

Salt Lake County

3595 South Main Street

SLC, UT 84115

Fax: 801-284-4406

Phone: 801-284-4400

West Valley City

4522 West 3500 South

West Valley City, UT 84401

Fax: 801-963-3518

Phone: 801-963-3320



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THE SALT LAKE CITY PUBLIC LIBRARY SYSTEM

Main Library

210 East 400 South

801-524-8200 • slcpl.org



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UTAH HOUSING & SHELTERS

SHELTER

The Road Home (men, women, families)

210 South Rio Grande
SLC, UT 84101
801-359-4142

Community Winter Shelter (families only)

November 1–April 1

529 West 7300 South (9th Avenue)
Midvale, UT 84047
801-569-1201

Rescue Mission (men only)

463 South 400 West
SLC, UT 84101
801-355-1302

Rescue Haven (women only)

1165 South State Street
SLC, UT 84115
801-521-5925

St. Vincent De Paul

Road Home Men's Overflow Shelter (men only)

November 1–April 1, 7pm–7am

235 South Rio Grande Street
SLC, UT 84101
801-363-7710

SUBSTANCE ABUSE HELP

POTENTIAL OVERDOSE

Call **911** (EMS)

Visit a hospital

IMMEDIATE HELP

Adult Detoxification Center, Volunteers of America

801-363-9400, ext. 0

252 West Brooklyn Avenue (1025 South)

SLC, UT 84101

- *Free assistance if you have lived in Salt Lake County for at least 3 months*
- *Call ahead to ensure there is a bed available*
- *A bed will be held for up to 1 hour*
- *Sliding scale fee*
- *No visitations, few phone calls, passes must be approved by management*
- *With proper dosing instructions, medication can be dispensed, but not supplied*
- *Stay up to 2 weeks; can get referral into long term treatment if stay is 10+ days*
- *Services for men and women*



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SUBSTANCE ABUSE HELP

WANTING TREATMENT

Assessment & Referral Services (ARS)

801-587-2739
450 South 900 East, Suite 300
SLC, UT 84102
7:30am–4:30pm

- *Can give referrals for various treatment options*
- *Must attend Interim Group, see flyer for times*

New Life Recovery Program, Rescue Mission

801-355-1302
463 South 400 West
SLC, UT 84101

SUBSTANCE ABUSE ANONYMOUS GROUPS

Narcotics Anonymous

uwana.org
English: 801-25-CLEAN (801-252-5326)
Spanish: 801-33-AYUDA (801-332-9832)

Alcoholics Anonymous

saltlakeaa.org
801-484-7871 — Salt Lake County

Al-Anon/Alateen/Al-Anon Adult Children

utah-alanon.org
5056 South 300 West
Murray, UT 84107
866-262-9587 — Toll-Free
801-262-9587
801-304-2040 — Español

Monday–Saturday
10am–4pm

MENTAL HEALTH

EMERGENCY SITUATIONS

If you fear for the safety of a patron or others and suspect a presence of mental illness, contact:

MCOT, 24/7

Crisis Outreach Team
801-587-3000

NON-EMERGENCY SITUATIONS

Valley Mental Health Store Front

outpatient treatment for mental health services
801-537-7537
550 West 700 South

The Warm Line (a recovery support line)

801-587-1055
Open daily • 3pm–11pm

www.211ut.org

an online searchable database of local resources,
sponsored by United Way, Volunteers Of America,
Library Outreach
Mon–Fri • 8am–5pm

National Alliance on Mental Illness

Free resource for those who live with mental illness
and their families
1600 West 2200 South, West Valley City, UT 84119
(801) 323-9900 or (877) 230-6264
ask to talk to a mentor for support
www.namiut.org
find local resources, free classes & support groups



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MEDICAL CARE

MEDICAID

- **Apply:** Visit jobs.utah.gov
- **Find a Provider:** Call the HMO number or visit the web address on the MCD Card
- **Get a New Card:** Go to the nearest DWS office and request a print off
 - * call 801-526-0950 or 866-435-7414

MEDICARE

- **Find a provider:** Visit mymedicare.gov
 - * create an account (need MCR # and effective mo/yr)

PRESCRIPTION ASSISTANCE CARDS/PROGRAMS

Family Wise Print

a FREE prescription Assistance Card
cardfamilywise.org

Rx Connect Utah

health.utah.gov/rxconnectutah
1-866-221-0265

Merck Prescription Assistance Program

merck.com/merckhelps
1-800-506-3725

Together Rx Access Card

togetherrxaccess.com
800-444-4106

Partnerships for Prescription Assistance

pparx.org, 888-477-2669

Needy Meds

needymeds.org

* Certain restrictions may apply, inquire individually.



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MEDICAL CARE

MEDICAL

4th Street Clinic

404 South 400 West
SLC, UT 84101
801-364-0058

LDS Hospital

8th Avenue & C Street
SLC, UT 84143
801-408-1100

Hope Clinic

65 East 6850 South
Midvale, UT 84047
801-568-6700
Tue & Wed
9am–12pm & 1–4pm

Maliheh Free Clinic

415 East 3900 South
SLC, UT 84107
801-266-3700
Tue–Fri
9am–12pm & 1–4pm

EMERGENCY DENTAL CARE

Emergency Dental Care

2816 West 3500 South
WVC, UT 84119
801-957-0911

A & H Urgent Care

3970 South 700 East #17
SLC, UT 84107
801-685-6080

Legacy Dental

1345 East 3900 South
SLC, UT 84124
801-878-0370

Monarch Dental Assoc.

370 E South Temple, #350
SLC, UT 84111
801-320-9810

FREE DENTAL CLINICS

Salt Lake Donated Dental Services

1383 South 900 West, #128
SLC, UT 84104
801-983-0345
www.donateddental.org

Maliheh Free Dental Clinic

415 East 3900 South
SLC, UT 84107
801-266-3700 • M–F 9am–12pm & 1–4pm

4th Street Clinic Dental Services

404 South 400 West
SLC, UT 84101
Schedule appointment at the clinic

LOCAL EMPLOYMENT

Ask the reference desks for upcoming computer courses at City Library Locations.

FREE COURSES, COUNSELING, & OPEN LABS

Community Action Program (CAP)

Employment Readiness Services

801-214-3144

764 South 200 West

SLC, UT 84101

** Call to schedule an appointment
or email poakey@slcap.org*

Community Access to Technology (CAT)

Public Computer Classes & Open Lab

Central City CAT (downtown)

801-559-1563

615 South 300 East

SLC, UT 84111

www.cat.slco.org

Vocational Rehab

Salt Lake Downtown

50 West Broadway (300 South), #800

SLC, UT 84101-2034

801-238-4560

www.workabilityutah.org/work/usor.php

** Call to make an appointment for orientation*

Department of Workforce Services

Metro Employment Center

720 South 200 East

SLC, UT 84111

801-526-0950

jobs.utah.gov



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FAMILY RESOURCES

FAMILIES

Pregnancy Resource Center

644 South 900 East
SLC, UT 84102
pregnancyresource.net
801-363-5433

The Family Support Center

Multiple Locations
familysupportcenter.org
24/7: 801-487-2942

- *Counseling, classes, groups, & transition home for homeless single mothers*
- *Crisis nursery*
- *In-home mentoring and adoption respite care*
- *Day care (sliding scale based on income)*

The Safety Net

24/7: 800-897-LINK (5465)
safetynetutah.org

- *Support and resources for individuals and families of polygamist groups*

Family Promise

814 West 800 South
SLC, UT 84104
801-961-8622
fpsl.org

- *A unique comprehensive residential approach to assist families experiencing homelessness*

Allies With Families

505 East 200 South, #25
SLC, UT 84102
allieswithfamilies.org
801-433-2595 or 877-477-0764

- *Support and resources for parents and their children with mental health needs*



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FAMILY RESOURCES

Utah Parent Center

801-272-1051, 800-468-1160

801-272-1067 – Español

utahparentcenter.org

- *Support and information for parents of children with all disabilities*

FOOD ASSISTANCE

Utahns Against Hunger

764 South 200 West

Salt Lake City, UT 84101

801-328-2561

Toll Free: 800-453-FOOD (3663)

uah.org

- *Information about WIC, Food Stamps, Food Pantries, School Meals, Community Gardens, and farmers markets*

DOMESTIC ABUSE SERVICES

Please call or visit one of these services. It is important not to ignore domestic violence. Services are listed in order of easiest access.

24-HOUR CRISIS LINES:

9-1-1 – Emergency situation involving life threatening and violence in action

YWCA Crisis Line

801-537-8600

Rape Recovery Center Crisis Line

801-467-7273

Rape and Sexual Assault Hotline

Coalition Against Sexual Abuse

1-888-421-1100

Child Abuse Hotline (DCFS)

1-855-323-3237

South Valley Sanctuary

801-255-1095

Safe Harbor

Domestic violence crisis line

801-444-9161

INFORMATION LINE:

Utah Domestic Violence Council Directory Service

1-800-897-LINK (5465)

Family Justice Center

801-236-3370



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AFTER HOURS & WEEKEND FOOD RESOURCES

Many of these require ID and have other restrictions, please call first.

FOOD BANKS

Reach Salt Lake

1235 West California Avenue (1330 South)
SLC, UT 84104
801-972-5708
Mon, Wed & Thu 10am–1pm
call for an appointment

Hildegard's Pantry

231 East 100 South, SLC, UT 84111
801-328-2303
Tue, Wed, Fri 11am–1:30pm
Thu 5–6:30pm

Church at Liberty Park Food Pantry

662 East 1300 South, SLC, UT 84105
801-973-0088
Tue 3:30–5:30pm, Wed 4–5:30pm
Thu 11am–1:30pm

Salt Lake CAP

1300 West 300 North, SLC, UT 84116
801-359-8741
Tue, Thu, Fri 8:30am–Noon, 1–4:45pm

House of Prayer

829 South 200 West, SLC, UT 84101
801-364-2335
Fri 9–10pm
Sun after church services

St. Paul's Episcopal Church

261 South 900 East, SLC, UT 84102
801-322-5869
Sat 9am–12:45pm

Redwood CAP

3060 South Lester
West Valley City, UT 84119
801-972-6661
Mon–Fri 8:30am–Noon, 1–4:45pm
Sat 8:30am–Noon, 1–3:45pm

Crossroads Urban Center

347 South 400 East, SLC, UT 84111
801-364-7765
Mon–Fri, 9am–5pm

Granger Community Christian Church

3232 West 4100 S
West Valley City, UT 84119
801-968-3301
Mon 5:30–7pm, Sat 10am–12pm

Kearns First Baptist Church

4445 West 5175 South, Kearns, UT 84118
801-968-1471
Mon, Wed, Fri 11am–Noon, 1–3pm
Tue 6:30–8pm, Thu 1–3pm

Rescue Mission of Salt Lake

463 South 400 West, SLC, UT 84101
801-355-1302
Mon & Sat 9–11am; Mon, Sat & Sun, 2–4pm

St. Andrew's Food Pantry

11835 South 3600 West
Riverton, UT 84065
801-984-7555
Thu 5–7pm

St. James Episcopal Church

7486 Union Park Ave, Midvale, UT 84047
2nd & 4th Sundays 1–3pm
other dates available: call 801-566-1311

Taylorville Pantry

4775 South Plymouth View Drive (1650 West)
Taylorville, UT 84123
801-428-7689
Sat 10am–12pm
Mon 1–3pm & Wed 4–6pm



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HOT MEALS

Eagle Ranch

500 South 600 West
SLC, UT 84101
801-254-4945
Tue Noon–3pm

Good Samaritan Program

347 East South Temple
SLC, UT 84103
801-328-5633
Daily 9am–8pm

Rescue Mission

463 South 400 West
SLC, UT 84101
801-355-1302
Mon–Sat 6:15–6:45am
Daily dinner following 7pm chapel service

St Vincent de Paul Center

437 West 200 South
SLC, UT 84101
Mon–Fri 11:30am–1pm
Sat 10–11am
Daily 5:30pm–6:15pm

Salt Lake City Mission

1151 South Redwood Road #106
SLC, UT 84104
801-355-6310
Mon–Sat 8–9am

DISCOUNTED GROCERIES

Utah Charities Co-op

4892 South Commerce Dr (300 W) Suite B
SLC, UT 84107
801-556-2223
Thu 11am–2pm, Fri–Sat 11am–6pm

HYGIENE FACILITIES

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Central City Recreation Center

615 East 300 South
SLC, UT 84111
801-559-1550

Mon–Fri 6:30am–9pm
Sat 10am–3pm

• *\$3.50 entitles patron to fitness and other life enrichment classes as well as hygiene facilities*

Rescue Mission of Salt Lake City

463 South 400 West
SLC, UT 84101
801-355-1302

Mon, Wed, Fri 9:30–11:30am

• *Men aged 18 years or older may use dorm facilities for hygiene as well as access the clothes pantry where free clothing and hygiene products may be obtained.*

Fairmont Aquatic Center

1044 East Sugarmont Drive
(2225 South)
SLC, UT 84106
385-468-1540

Mon–Fri 9–11:30am

Sat 11:30am–7pm

Sun 10:30am–4pm

• *\$2.00 fee for facility use for hygiene purposes, entitles patron to general facility swim.*

• *\$5.00 for locker rentals.*

Haircuts are strictly through the Weigand Center.

Weigand Day Center

Bishop William K.
235 South Rio Grande
SLC, UT 84101
(801) 363-7710, ext 1401

Laundry:

- *Drop off at 7am–9am*
- *Pick-up at 12:30pm–3:45pm*
- *Cost \$1.00 per load. Only 10 loads total done each day, first come first served.*

Showers:

- *Mon–Fri 7am–10:30am, free of charge*

Haircuts:

Mondays 1pm; signup beginning at 7am

Razors:

Mon and Thu all day, while supplies last

CLOTHING OPTIONS

Deseret Industries Thrift Stores

several locations, search Google or call 211

Salt Lake City Welfare Square

751 West 700 South
801-240-7332

• *May require volunteer hours at the Church-run Services Center if more than a few items are needed.*

Road Home Emergency Services

235 South Rio Grande Street
385-234-5782

Crossroads Thrift Store

1385 West Indiana Avenue (850 South)
801-359-8837

Tue–Fri 10am–6:30pm

Sat 10am–5pm

• *Speak with VOA for a free clothing voucher*
**ID required*



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07/30/14

HOMELESS YOUTH RESOURCE CENTER

Homeless Youth Resource Center

655 South State Street

SLC, UT 84111

Phone: 801-364-0744

Fax: 801-364-0745

Street Outreach Program: 801-694-9271

voaut.org

DROP-IN CENTER

The Homeless Youth Center, also known as the Drop-In Center, was created in 1995 with the help of the Salt Lake County Division of Youth Services, Travelers Aid Society of Utah, and Utah Issues to address the needs of homeless youth ages 15 to 22. In March 2000, Volunteers of America, Utah adopted the center where youth are provided a safe place to receive support and resources they need. The center welcomes up to 60 youth each weekday.

SERVICES

- *Hot meals and pantry food*
- *Clothing*
- *Shower*
- *Laundry*
- *Hygiene and sanitation items*
- *Bedding/sleeping bags*
- *Tents/tarps*
- *Mail and telephone access*
- *First Aid*

RESOURCES

- *Therapy through Cornerstone Counseling Center*
- *GED/diploma assistance*
- *Case management/housing/obtaining ID, birth certificates, social security card, etc.*
- *Employment services, resume building, job coaching, interview attire*
- *Public transit passes*



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UTAH ID CARD

To obtain a Utah State ID card you need to have:

1. an original or certified copy of your **Social Security card**
2. an original or certified copy of your **birth certificate** from your state of birth
3. **two pieces of mail** with your name and current address on them from within the past 60 days. If you are homeless and don't receive mail you can get a **homeless verification letter** if you stay at the Road Home shelter for 14 consistent days that will suffice for the two pieces of mail.

GETTING YOUR SOCIAL SECURITY CARD

You can obtain your Social Security card for free through obtaining medical diagnostic/medical patient print forms with services you received at your doctor's office, 4th Street Clinic, hospitals, and jail or prison medical intake forms. The form needs to have your name, Social Security number, date of birth, and typically has services you received through the health provider.

GETTING YOUR BIRTH CERTIFICATE

Every state has different requirements for obtaining your birth certificate. You may ask the VOA Outreach Team for more information or go to the Emergency Services Department through the Road Home on the 2nd floor of the Weigand Center, 235 South Rio Grande SLC. **If you are currently seeking employment**, Emergency Services may be able to assist with the cost of your state birth certificate and ID card.



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LEGAL SERVICES

There is no guarantee the services listed here will represent you in a legal setting or that you will meet the agencies' qualifications. Most of these agencies offer low cost, sliding scale, or free services but it is **not a guarantee** that your case will be free of charge. All of these agencies will ask at length about your potential case. However, these services listed may be able to represent you in a legal setting if you meet their program qualifications.

Legal Aid Society of Salt Lake

205 North 400 West, SLC, UT 84103
801-328-8849

Promotes safety, stability, and self-sufficiency for low income families and individuals, as well as victims of domestic violence, through effective, efficient legal advocacy, and assistance.

Legal Aid Society of Salt Lake Domestic Violence Victim Assistance Program

Third District Court
450 South State Street, Room W17
SLC, UT 84111
801-238-7170

Provides assistance from an attorney or paralegal to obtain a protective order or a stalking injunction for adult or child victims of domestic violence, regardless of income.

Legal Aid Society of Salt Lake Family Law Clinic

Third District Court
450 South State Street, Room W15
SLC, UT 84111
801-238-7440

Provides individuals who are representing themselves ("pro se") in a family law case (divorce, custody, guardianship) with legal forms, information about the legal process, and assistance in scheduling court hearings with the court clerks. Clinic staff does NOT provide legal representation or legal advice.

Disability Law Center

Community Legal Center
205 North 400 West, SLC, UT 84103
801-363-1347

Statewide advocacy and litigation services to protect the rights of people with disabilities. Also, The Fair Housing Program at the Disability Law Center serves people from all protected classes (race, color, ethnicity, sex, gender, religion, disability, familial status), not just people with disabilities. This program serves Salt Lake City and all areas of Utah to ensure that an individual's housing rights are upheld and that micro or systematic discrimination is not present.

Salt Lake Area Family Justice Center

YWCA Center for Families
300 South 310 East, Floor 2, SLC, UT 84111
801-236-3370

The Salt Lake Area Family Justice Center at the YWCA serves victims of domestic violence by providing access to many different critical resources under a single roof to provide better coordinated, seamless services for male and female victims and survivors. Legal services provided through Salt Lake City's Prosecutors Office and other law agencies.

Catholic Community Services of Utah

745 East 300 South, SLC, UT 84102
Provides help for people who are most in need in our community through refugee resettlement and immigration process.



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LEGAL SERVICES (CONT.)

American Civil Liberties Union

355 North 300 West, Suite 1, SLC, UT 84103
801-521-9862 x104

Legal assistance specific to constitutional violations such as free speech, freedom of religion, system problems within counties, incarceration, jail and prison conditions, or police force cases (excessive force).

Alliance Community Services

291 West 5400 South, Suite 101
Murray, UT 84107
801-265-1111

Citizenship classes and assistance with naturalization applications with the support of volunteer attorneys. Interpretation services for US Immigration office appointments for Latino populations. Also assist with non-contested divorces and other legal services.

Rainbow Clinic

255 East 400 South, SLC, UT 84111
Rainbow Clinic offers an ongoing legal clinic for LGBTQ-related employment, estate planning, and family law. Held the second Thursday of every month from 6–8pm at the Utah Pride Center. First come, first served.

Sorenson Multi-Cultural Center Legal Clinic

855 West California Avenue, SLC, UT 84104
385-468-1300

Volunteer attorneys the first and third Wednesday of each month from 6–8pm at the Sorenson Community Center. Call for more information. First come, first served.

5th South Viaduct

Under the 500 South viaduct between 600 and 700 West, SLC
Held every Sunday from 8:30–10:30am under the 5th South viaduct. No appointment necessary. Volunteer attorneys present.

Tuesday Night Bar Association

645 South 200 East, SLC, UT 84111
801-297-7037

Held the first four Tuesdays of each month from 5–7pm at the Utah State Law and Justice Center. Offers personnel consultations with attorneys by appointment only. Appointments may be scheduled by calling on Monday, eight days before the requested appointment.

Saint Vincent De Paul Center

437 West 200 South, SLC, UT 84101
801-363-7710

Held every Thursday from Noon–3pm. No appointment necessary. Call for more information. Volunteer attorneys present.

Utah State Courts Self Help Center

utcourts.gov/selfhelp
1-888-683-0009

Provides free legal information to help people understand their rights and responsibilities and to help them resolve legal problems on their own if they cannot afford an attorney or choose not to hire one. Self-Help Center staff attorneys can answer questions and provide information about the law and court processes.